

**PROGRAM  
DESCRIPTIONS**

The Bureau of Juvenile Justice (BJJ) residential programs differ considerably in size, structure, approach and degree of dependency on community services. A brief explanation, location and types of services offered by each center is as follows:

**OUTSTATE  
RESIDENTIAL  
PROGRAMS****Adrian Training  
School**

Adrian Training School (Adrian) is a medium secure, residential treatment center serving females ranging in age from 12-21.

This facility provides a group treatment and an individual counseling program that meets the special needs female population.

Treatment programs include:

- Specialized sex offender treatment.
- Gender responsive treatment programming.
- Mental health services.
- Family work.
- A balanced and restorative justice initiative.
- Music therapy.
- Art therapy.
- Special education instruction.
- Medical, dental and religious services.

**Bay Pines  
Center**

Bay Pines Center (Escanaba) serves a dual role in providing both a regional detention service and a regional training school service for the 15 counties in Michigan's Upper Peninsula. This 32 bed facility incorporates two programs:

- Bay Pines **detention center** is a high security, 16 bed facility for both males and females.
- Bay Pines **training school program** offers a medium security treatment program for 16 P.A. 150 state wards. The treatment program utilizes special education instruction, family work,

substance abuse, medical, dental psychological and religious services.

**Nokomis  
Challenge  
Center**

Nokomis Challenge Center (Prudenville) has programs for two security levels, 20 beds open medium secure and 20 beds closed medium secure. Nokomis serves 40 males ages 12-20 with a length of stay for open medium averaging six months and closed medium twelve months. Each of these security levels has ten beds that are specified for substance abuse treatment. The youth may be a direct court referral or a P.A., 150 with a felony or misdemeanor adjudication. Admission criteria is based on the risk assessment for security level.

The open medium program includes a wilderness component that involves a camping trip for five days every month. These trips may be hiking, canoeing, rock climbing or cross country skiing. All groups are involved in experiential activities on-grounds such as a high ropes course and zip-line.

Programming includes daily academic classes that will transfer as credits back to the community high schools. If a youth is sixteen or older, and it is determined to be appropriate, he may earn a GED while at Nokomis. Social skills classes, job readiness and physical fitness are part of the curriculum. Substance abuse education supports the group work on family and personal addiction issues.

The level system requires each youth to meet program expectations, earn passing grades in school and complete treatment tasks. The treatment tasks involve working on the issues that resulted in their placement and how their behavior has impacted their families, the victims and themselves. The model of balanced and restorative justice, making amends, is emphasized in all areas of the program. Community service is a regularly scheduled activity in which the youth have an opportunity to give back and make positive connections.

Daily treatment groups provide a safe environment in which thinking errors can be confronted and alternative attitudes explored. Issues of abuse, self-defeating lifestyle choices, relationships and family dynamics are also addressed. The substance abuse groups deal with addiction issues and teach coping skills to handle stress without using drugs and alcohol. A community alcoholic anonymous

(AA) group meets on campus once a week and the young men are involved.

Family Work is an important part of the treatment. Developing improved communication and respect between family members is essential if the youth is returning home. When there is no family involvement the focus is on developing alternate release plans with appropriate support and supervision.

### **Shawono Center**

Shawono Center (Grayling) serves a dual role in providing both a regional detention service and a regional training school program service for the northern portion of the lower peninsula. The Shawono Center detention service is a high security, 12 bed facility for both males and females who have been ordered into the facility through their county probate or adult court. The Shawono Center training school program is a medium secure facility for 20 adjudicated, delinquent and committed Act 150 male state wards. The treatment approach utilizes a group modality with a cognitive-behavior emphasis.

### **W. J. Maxey Training School**

W. J. Maxey Training School (Whitmore Lake) a residential treatment facility for delinquent male youth, 12 to 21 years of age.

#### ***Woodland Center***

Max-flex (high security level) with specialized treatment for youth. Specialized treatment includes sex offender, substance abuse, severe emotional and developmental disabilities, significant mental health issues and serious or chronic violent offenders. Treatment services include:

- Intensive group treatment.
- Individual and family counseling.
- Psychiatric and psychological evaluation and treatment.
- Complete medical and dental services.
- Recreation programming.

An on-grounds school provides accredited instruction for regular, specialized vocational education. The facility is new and highly technical with video surveillance, youth and staff location monitoring (TSI), electronic locking systems and security enhancing architectural design.

**Community  
Justice Centers**

Four Community Justice Centers (CJC) serve as low security structured reintegration programs to assist wards released from a training school program to readjust to community life in a gradual manner. Each CJC is a facility for 10 to 12 wards staffed with a director, house manager, and youth specialists to provide counseling and guidance.

Wards are expected to attend school and/or work. Specialized services such as mental health counseling, substance abuse counseling, medical/dental services are provided by community resources. Referrals and assignments are made through the Juvenile Justice Assignment Unit.